



# SEPTEMBER 2019

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Labor Day</b> <b>2</b></p>	<p><b>Enjoy your last day of Summer Break</b> <b>3</b></p>	<p>319 Orange Cranberry Muffin 670 Fresh Fruit 752 Fruit Punch Juice</p> <p><b>Pre-K: 347 Cinnamon Chex Cereal</b></p>	<p>329 Trix Cereal Bar 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p><b>Pre-K: 349 Corn Chex Cereal</b></p>	<p>328 Chocolate Chip Muffin 670 Fresh Fruit 684 Mixed Berry Applesauce</p> <p><b>Pre-K: 332 Apple Cinnamon Muffin</b></p>
<p>325 Cinnamon Chex Cereal 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p><b>Pre-K: 342 Cheerios</b></p>	<p>323 Apple Cinnamon Muffin 670 Fresh Fruit 608 Dole Tropical Fruit Cup</p> <p><b>Pre-K: 330 Blueberry Muffin</b></p>	<p>366 Blueberry Bagel 670 Fresh Fruit 753 Orange Juice</p> <p><b>Pre-K: 343 Rice Chex Cereal</b></p>	<p>321 Banana Muffin 670 Fresh Fruit 658 Cherry Craisins</p> <p><b>Pre-K: 366 Blueberry Bagel</b></p>	<p>350 Apple Cinnamon Cheerios Cereal Bar 670 Fresh Fruit 752 Fruit Punch Juice</p> <p><b>Pre-K: 331 Corn Muffin</b></p>
<p>315 Apple Cinnamon Toast 670 Fresh Fruit 684 Mixed Berry Applesauce</p> <p><b>Pre-K: 345 Honey Scooters Cereal</b></p>	<p>328 Chocolate Chip Muffin 699 Strawberry Cup 750 Apple Juice</p> <p><b>Pre-K: 335 Banana Muffin</b></p>	<p>306 Apple Baked Frudel 670 Fresh Fruit 659 Watermelon Craisins</p> <p><b>Pre-K: 340 Sweet Potato Muffin</b></p>	<p>304 Cinnamon Bagel-ful 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p><b>Pre-K: 339 Orange Cranberry Muffin</b></p>	<p>322 Blueberry Muffin 670 Fresh Fruit 752 Fruit Punch Juice</p> <p><b>Pre-K: 347 Cinnamon Chex Cereal</b></p>
<p>319 Orange Cranberry Muffin 670 Fresh Fruit 749 Apple-Cherry Juice</p> <p><b>Pre-K: 332 Apple Cinnamon Muffin</b></p>	<p>366 Blueberry Bagel 670 Fresh Fruit 609 Dole Mixed Fruit Cup</p> <p><b>Pre-K: 346 Cinnamon Toast Crunch Cereal</b></p>	<p>334 Cinnamon Toast Crunch Cereal 697 Bagged Sliced Apples 750 Apple Juice</p> <p><b>Pre-K: 367 Cinnamon Raisin Bagel</b></p>	<p>338 French Toast Sticks 670 Fresh Fruit 658 Cherry Craisins</p> <p><b>Pre-K: 342 Cheerios</b></p>	<p>368 Plain Bagel 670 Fresh Fruit 752 Fruit Punch Juice</p> <p><b>Pre-K: 330 Blueberry Muffin</b></p>
<p><b>30</b></p>				



**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal