

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday



Tuesday

Wednesday

Thursday

Friday

Please note: Starting in January, pre-kindergarten students are now served a different entrée, highlighted below, each day. **Only white milk will be offered to pre-kindergarten students.**
Thank you!

343 Rice Chex Cereal **5**
670 Fresh Fruit
749 Apple Cherry Juice

337 Eggo Blueberry Pancakes **6**
689 Birthday Cake Applesauce
670 Fresh Fruit

339 Orange Cranberry Muffin **7**
670 Fresh Fruit
658 Dried Fruit Blend

332 Apple Cinnamon Muffin **8**
670 Fresh Fruit
690 Strawberry Amazin' Raisins

347 Alpha Bits Cereal **9**
670 Fresh Fruit
750 Apple Juice

369 Berry Blast French Toast **12**
670 Fresh Fruit
749 Apple Cherry Juice

344 Honey Scooters Cereal **13**
689 Birthday Cake Applesauce
647 Dole Mandarin Oranges

346 Kix Cereal **14**
670 Fresh Fruit
696 Raisins

330 Blueberry Muffin **15**
752 Fruit Punch Juice
670 Fresh Fruit

366 Blueberry Bagel **16**
608 Dole Tropical Fruit Cup
696 Raisins

343 Rice Chex Cereal **19**
689 Orange Mango Applesauce
692 Peach Amazin' Raisins

366 Blueberry Bagel **20**
670 Fresh Fruit
749 Apple Cherry Juice

340 Sweet Potato Muffin **21**
608 Dole Tropical Fruit Cup
670 Fresh Fruit

330 Blueberry Muffin **22**
670 Fresh Fruit
750 Apple Juice

347 Alpha Bits Cereal **23**
670 Fresh Fruit
609 Dole Mixed Fruit Cup

369 Berry Blast French Toast **26**
670 Fresh Fruit
750 Apple Juice

344 Honey Scooters Cereal **27**
688 Applesauce
670 Fresh Fruit

NO SCHOOL

Holy Thursday

Good Friday