

January 2018

BREAKFAST Elementary

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

Tuesday

Wednesday

Thursday

Friday

370 Apple Fruit Pocket **8**
670 Fresh Fruit
752 Fruit Punch Juice

338 French Toast Sticks **9**
690 Strawberry Amazin' Raisins
749 Apple Cherry Juice

311 Cheese Omelet in Pita **10**
670 Fresh Fruit
750 Apple Juice

307 Cherry Baked Frudel **11**
670 Fresh Fruit
647 Dole Mandarin Oranges

323 Apple Cinnamon Muffin **12**
670 Fresh Fruit
684 Wild Watermelon Applesauce

15
***Martin Luther King Jr.
Day***

303 Turkey Bacon, Egg & Cheese Toast **16**
684 Wild Watermelon Applesauce
752 Fruit Punch Juice

368 Plain Bagel **17**
670 Fresh Fruit
696 Raisins

328 Chocolate Chip Muffin **18**
752 Fruit Punch Juice
670 Fresh Fruit

313 Cranberry Apple Rebel Crumble **19**
670 Fresh Fruit
753 Orange Juice

306 Apple Baked Frudel **22**
752 Fruit Punch Juice
670 Fresh Fruit

366 Blueberry Bagel **23**
750 Apple Juice
658 Dried Fruit Blend

311 Cheese Omelet in Pita **24**
670 Fresh Fruit
748 Grape Juice

316 Chicken Biscuit **25**
697 Sliced Apples
647 Dole Mandarin Oranges

368 Plain Bagel **26**
670 Fresh Fruit
696 Raisins

327 Pillsbury Mini Maple Waffles **29**
670 Fresh Fruit
749 Apple Cherry Juice

368 Plain Bagel **30**
684 Wild Watermelon Applesauce
752 Fruit Punch Juice

323 Apple Cinnamon Muffin **31**
670 Fresh Fruit
658 Dried Fruit Blend

304 Cinnamon Bagel-fuls **1**
670 Fresh Fruit
748 Grape Juice

329 Trix Cereal Bar **2**
670 Fresh Fruit
750 Apple Juice