

# November 2017

## BREAKFAST Elementary

### Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

6

366 Blueberry Bagel  
670 Fresh Fruit  
749 Apple Cherry Juice

7

328 Chocolate Chip Muffin  
689 Birthday Cake Applesauce  
752 Fruit Punch Juice

8

323 Apple Cinnamon Muffin  
670 Fresh Fruit  
658 Dried Fruit Blend

9

304 Cinnamon Bagel-fuls  
670 Fresh Fruit  
748 Grape Juice

10

329 Trix Cereal Bar  
670 Fresh Fruit  
750 Apple Juice

13

307 Cherry Baked Frudel  
670 Fresh Fruit  
691 Orange Amazin' Raisins

14

321 Banana Muffin  
670 Fresh Fruit  
689 Birthday Cake Applesauce

15

313 Cranberry Apple Rebel Crumble  
647 Dole Mandarin Oranges  
749 Apple Cherry Juice

16

308 Strawberry Filled Bagel  
697 Bagged Apple Slices  
752 Fruit Punch Juice

17

337 Eggo Blueberry Pancakes  
670 Fresh Fruit  
753 Orange Juice

20

370 Apple Fruit Pocket  
670 Fresh Fruit  
752 Fruit Punch Juice

21

338 French Toast Sticks  
690 Strawberry Amazin' Raisins  
749 Apple Cherry Juice

22

350 Apple Cinnamon Cheerios Bar  
670 Fresh Fruit  
750 Apple Juice

23

**Thanksgiving**

24

**Thanksgiving**

27

319 Orange Cranberry Muffin  
670 Fresh Fruit  
750 Apple Juice

28

303 Egg, Cheese, & Turkey  
Bacon Toast  
689 Birthday Cake Applesauce  
752 Fruit Punch Juice

29

336 Pillsbury Strawberry  
Pancake  
670 Fresh Fruit  
696 Raisins

30

315 Apple Cinnamon Toast  
752 Fruit Punch Juice  
670 Fresh Fruit

1

313 Cranberry Apple Rebel  
Crumble  
670 Fresh Fruit  
753 Orange Juice